

LAKE ELIXIR

my eyelids flicker open hat brim flutters
 onshore breeze caresses shins
 nostrils flare inhale hint of cedar
 glance catches whitecaps' tendrils
roiling on putty that deepens to horizon blue
 rumbling softens to sonorous rhythm

 the vista: a balm
 the sound: a sedative to angst
the expanse: a humbling unguent
 the content: life's source

 heartbeat slows to waves' pulse
 I am its shore
embraced enfolded
one with life's essence
 blemishes washed
one with the womb

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